

SOWINS Wish Lists

Below is a list of commonly requested everyday and special items.
If you have questions about purchasing for the people that SOWINS serves, please
call our office at 250 493 4366 or email info@sowins.com

Everyday Items Wish List

- Bathing wipes (not baby wipes)
- Chapstick and moisturizing lip gloss
- No Alcohol mouth wash
- Hot pads (to put in gloves for winter)
- Small flashlight
- Treats / sweets / chocolate
- New socks & underwear (all sizes)
- Deodorant
- Razors and shave cream/lotion
- Boost / Ensure / Protein drinks
- Granola / Fruit / Protein bars
- Toilet Paper
- Tooth paste
- Make up remover wipes
- Hair elastics / hair clips
- Coffee Cards
- Grocery Cards
- Q-Tips
- Mini tissues
- Hair brushes

Special Items Wish List

- Face cream & body lotion
- Make-up and make-up sets
- Make-up brushes & brush cleaner
- Hair dryer / curling & flat irons
- Robes / slippers / slipper socks
- Movie passes
- New boots & jackets
- New sweaters (All sizes)
- Nail polish, nail care, polish remover
- iTunes / Google Play
- Community Center passes for pool & gym
- Bath bombs / candles / essential oils / diffuser
- Yoga passes
- Yoga mats
- Veas Hockey passes